



ANNUAL REPORT

"We cannot change the outcome, but we can affect the journey"

Cicely Saunders

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President/Medical Director Message

Dear Friends and Supporters,

At SAWA, our mission is rooted in compassion. In a country facing severe healthcare challenges, we stand beside patients in their most vulnerable moments—bringing care, dignity, and hope into their homes and hearts.

Over the past 10 months, we've made over **500 home visits**, caring for **100 patients** in Beirut, Metn, and Keserwan. We've led **11 awareness sessions** and **2 workshops**, spreading the message that palliative care is not just a service—it's a movement of love and presence.

Our services are free, made possible by your generosity. Every visit is more than medical—it's human, sacred, and deeply meaningful. Our dedicated team gives with humility; your support makes it possible.

As we look ahead, we remain committed: no one should face serious illness alone. With your help, SAWA will continue to be a source of light, compassion, and comfort.

Thank you for walking this path with us.

With deep gratitude and hope,

Dr. Nazem Bassil, MD
President, SAWA for Palliative Care



SAWA History

SAWA is a non-profit organization providing palliative care services for patients with life threatening illnesses to improve the quality of life for them and their families. We provide free services at home focusing on the medical, psychological, social and spiritual needs of patients during the last stages of their life, along with their caregivers, in Beirut, Mount Lebanon and Keserwan.



MISSION, VISION AND VALUES

01. OUR MISSION

To provide holistic, home-based palliative care that enhances quality of life for people with life-threatening illnesses. We support patients and caregivers with dignity, regardless of background or ability to pay, empowering them to make informed decisions aligned with their values.

02. OUR VISION

To ensure that all patients in Lebanon have access to personalized palliative care at home, and to integrate palliative care into the national health system.

03. OUR VALUES

- **Compassion:** We care with kindness and empathy.
- **Respect:** Every person is treated with dignity.
- **Fairness:** All deserve quality care.
- **Teamwork:** We collaborate with families and professionals.
- **Growth:** We learn, improve, and share knowledge.
- **Social Justice:** We advocate for equitable access to care.

OUR BOARD

- **Dr. Nazem Bassil**
- **Mrs. Rima Wannous**
- **Mrs. Georgina Hendaoui**
- **Father Nehme Saliba**
- **Mrs. Maguy Massouh**
- **Mrs. Rouba Attieh**
- **Mrs. Doris Bendaly**
- **Mr. Elias Baz**
- **Mrs. Lise Safatly**

Meet the Board



Palliative care is a team effort.

Thank you to the SAWA team for the heart, dedication, compassion, and positive impact you bring to every patient and family. Your deeply human work brings dignity, peace, and hope through every word and every touch.

OUR EXECUTIVE TEAM

- **Dr. Nazem Bassil:** President/Medical Director
- **Dr. Nagham Azar:** Medical Doctor
- **Mrs. Rima Wannous:** Operation Manager
- **Mrs. Nicole Bathiche:** Executive Director
- **Mrs. Najibeh Khalil:** Palliative Care Head nurse
- **Mrs. Mireille Chawwah:** Registered Nurse
- **Father Nehme Saliba:** Chaplain
- **Mrs. Georgina Hendaoui:** Treasurer
- **Mrs. Rouba Attieh:** Social Worker
- **Mrs. Josephine Ajouz:** Social Worker
- **Mrs. Lausanne Kheiro:** Psychologist
- **Mr. Anthony Khoury:** Physical Therapist

WHAT WE DO



01. For Patients

- Relieve pain, symptoms (fatigue, nausea, dyspnea, anxiety, etc.)
- Promote comfort, activity, and independence
- Offer emotional support and guidance for medical decisions



02. For Physicians

- Collaborate with the primary care physician
- Maintain regular communication for coordinated care
- Send monthly updates on patient status



03. For Caregivers

- Assist with transitions post-hospital discharge
- Provide emotional, psychological, and spiritual support
- Help with medications and equipment
- Offer grief support through our Bereavement Program

WHO WE HELP

Palliative care is not only for patients at the end of life. It can be given alongside curative treatments to reduce suffering and improve quality of life.

It's not just for cancer patients, it also helps people with chronic illnesses like kidney, liver, lung, or heart failure, dementia, and other neurological conditions.

HOW WE HELP



Access to Care

Patients can join SAWA through a doctor's referral or by contacting us directly. Once accepted, we create a personalized care plan tailored to their condition and needs.



Home-Based Care

Our nurses provide regular home visits, monitor symptoms, adjust care, and guide families. Support is available 24/7, with visit frequency based on patient needs.



Distance Support

Phone-based check-ins and emotional support for patients and families outside our service area.



Bereavement Program

We support families for at least one year after a patient's death through counseling, support groups, and education.

CAPACITY BUILDING

At SAWA, we prioritize continuous learning to ensure our team remains skilled and up to date in palliative care.

Mrs. Najibeh Khalil

- Completed Pediatric Palliative Care training at AUBMC
- Certified in Pain Management after a 6-month course at AUBMC
- Participated in the 2025 AUBMC conference on pain and palliative care, marking the launch of the **PallAware** initiative
- Co-led a scientific symposium for **International Nurses Day** at the University of Balamand

Dr. Nagham Azar, Mrs. Khalil, and Mrs. Nicole Bathiche

- Attended two full-day palliative care conferences in January 2025 at **Hotel-Dieu de France** and **Bellevue Medical Center** covering ethics, multidisciplinary roles, and psychosocial support

Mrs. Mireille Chawwah and Mrs. Khalil

- Engaged in coordinating a palliative care symposium at Balamand's Faculty of Health Sciences

Dr. Nagham Azar

- Currently pursuing a **Master's Degree in Public Health**

At SAWA, we believe awareness and education are essential to improving access to palliative care. Our efforts aim to:

- Educate the public and reduce stigma around serious illness and end-of-life care
- Encourage early referral through collaboration with local health centers and organizations
- Reach underserved areas, even through distance support
- Connect more deeply with communities across Lebanon



AWARENESS & OUTREACH

Key Activities (2025):

- **2 Workshops:** *"Palliative Care: From Suffering to Hope and Healing"* held in Beirut and the North (15.02.2025 & 14.06.2025)
- **11 Awareness Sessions:** In Beirut, Maten, and Keserwan communities
- **2 National TV Appearances:**



OTV with Mr. Elie Hawchan

MTV with Mrs. Rania Ziadeh Achkar

PARTNERSHIPS

SAWA for Palliative Care values strong partnerships that help expand our reach, improve our services, and support our mission; that is why we signed:

- MOU between SAWA and AUBMC
- MOU between SAWA and PCP Lebanon Palliative Care
- Agreement between SAWA and MJO General Secretariat
- Agreement between SAWA and SANAD for patient referral
- Collaboration between SAWA and Barbara Nassar Association
- Collaboration between SAWA and Social Medical Center of the Orthodox Youth Movement in Beirut



FUNDRAISING

SAWA for Palliative Care is deeply grateful for the generous support from individuals and pharmaceutical companies. These contributions are essential to:

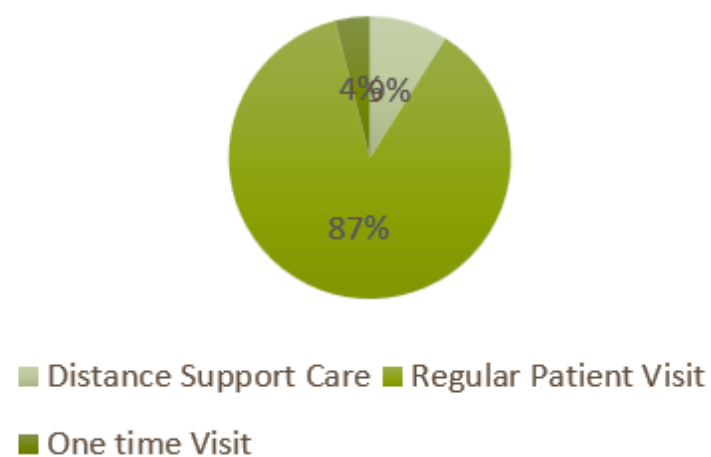
- Providing compassionate, home-based care.
- Ensuring access to medications and emotional support.
- Sustaining services for patients with serious illnesses.

June 2025 Highlight:

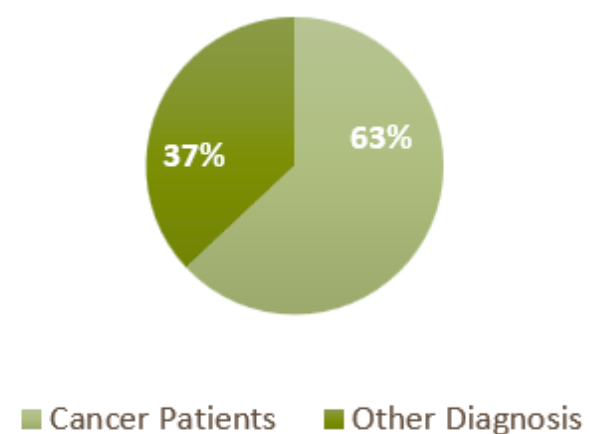
The **Social Medical Center of the Orthodox Youth Movement** in Beirut hosted a fundraising event in support of SAWA. The event raised awareness about palliative care and mobilized the community to help improve patients' quality of life.



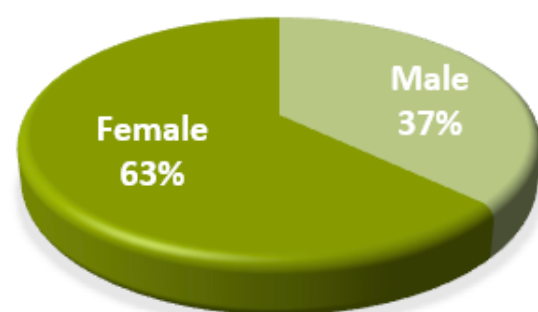
Type Of Service



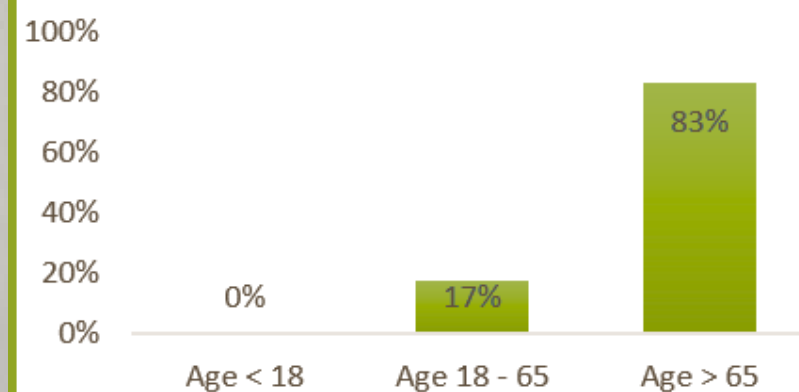
Patient Diagnosis



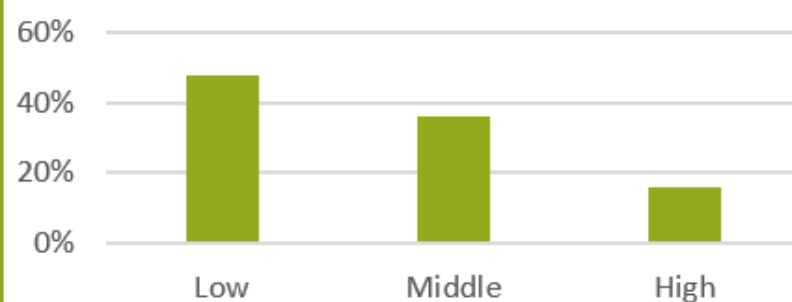
PATIENT GENDER



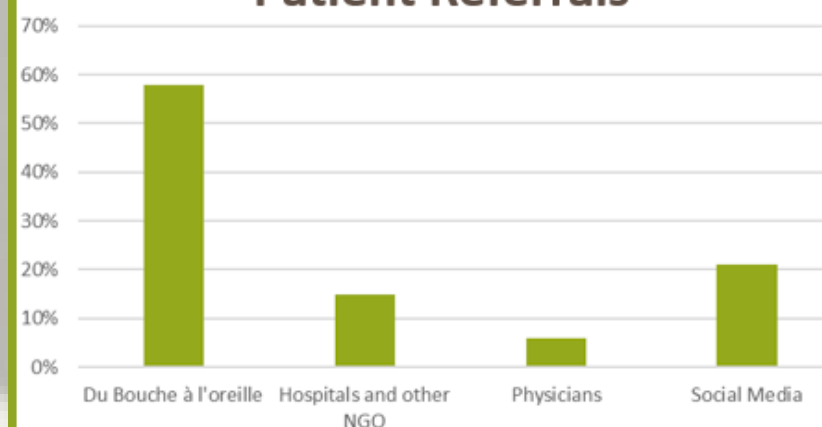
Age



Patient Socio-Economic Status



Patient Referrals



Data Collection



**Number of
Patients Supported =
100 patients**



In Their Words

Mrs. S.K: After years of battling cancer, Sawa's members offered us sincere and invaluable support, providing emotional, spiritual, and practical guidance. Their presence brought comfort and strength during our time of illness and loss.

Family A.R: SAWA provided invaluable support to our family by making visits to care for our mother suffering from painful ulcers. Team's care brought her comfort; their compassion and professionalism left a lasting impact on us.

Mrs. A.N: Thank you SAWA for your compassion and respect for Mom, each of you hold a special place in my heart. Words can't express how much we all appreciate the support and care you have shown to my family. May the Lord bless your efforts.

Mrs. N.A: أنا بشكر الله على دعمكن ومحبتكن لـلنا كل هالفترة. الله يبارك ويحافظ على صحتكن ويعطيكم القوة والعافية تتصلوا مكملين بهالمسيرة الرائعة

Mrs. N.B: SAWA entered our lives 38 days before my father's passing, offering compassionate, personalized care when others had given up. Their team treated his pain with dignity. In our hardest moments, SAWA gave us comfort, clarity, and the sense that we were not alone.

Donors & Supporters' Appreciation

We are deeply grateful to our generous donors and supporters.

Your contributions enable SAWA for Palliative Care to provide free medical, psychological, and social support to individuals and families during their most difficult times. Your kindness ensures that no one faces their journey alone and brings dignity, comfort, and hope to those in need.



*Thank you for giving,
your support truly makes a difference!*



CONTACT US



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SAWA Palliative Care



Sawa_palliative_care



Mtayleb Main Road, Palm Plaza
Center, 4th floor – Lebanon



Bank account:

Bank Name: First National Bank SAL

Branch Name: Jal El Dib Branch

Swift Code: FINKLBBE

Bank Address: JAL EL DIB - P.O. Box 110-435 - Metn - Lebanon

General Telephone # 00961 4 725882-3

Fax # 00961 4 725881

Account Name: JamiatMarkaz SAWA Lalinaya Taltifya

Account Number USD: 0027-264270-002

IBAN in USD: LB39 0108 0000 0000 0272 6427 0002



+961 79 196 186 SAWA for Palliative Care



Fundahope link:

<https://fundahope.com/en/fundraisers/fundraiser-for-sawa-palliative-care>